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Patient loyalty model An extended theory of planned behavior perspective (a case study in Bogor, Indonesia)

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Abstract

Purpose – This study aims to investigate the simultaneous effect of subjective norm, perceived behavioral control and trust on patient loyalty.

Design/methodology/approach – The empirical data were collected through survey. The respondents of the survey are 157 patients of a health-care service institution in Bogor, Indonesia. Multiple regressions analysis was performed to test the conceptual model and the proposed hypotheses. **Findings** – The findings showed that subjective norm and trust influence patient loyalty positively. However, this research also found that perceived behavioral control does not influence patient loyalty significantly.

Research limitations/implications – The survey was only conducted at one health-care service institution in Bogor, Indonesia. In addition, convenience sampling method was used. These conditions may cause that the research results can not be generalized to the other contexts. Therefore, replication research is needed to test the stability of the findings in the other contexts.

Practical implications – Health-care service institutions need to pay attention to trust and subjective norm to establish patient loyalty.

Originality/value – This study is believed to be the first to develop and test patient loyalty model that includes subjective norm, perceived behavioral control and trust.

Keywords Consumers, Trust, Management, Loyalty, Subjective norm, Perceived behavioral control

Paper type Research paper

Introduction

Patient loyalty has been identified to be a key business success factor. A healthcare service institution (HSI) that can develop and maintain its patient loyalty will obtain a lot of benefits, such as increased in revenue and positive word-of-mouth communication (Mittal and Lassar, 1998; Zeithaml *et al.*, 2008; Chang *et al.*, 2013). Furthermore, relationship marketing researchers have revealed that patient loyalty is a central construct in a competitive business (e.g. Morgan and Hunt, 1994; Bruhn, 2002, Palmatier *et al.*, 2006). Meanwhile, it is well-documented that health-care service has become a competitive sector (Chang *et al.*, 2013). Thus, HSI should manage its patient loyalty effectively.

To manage patient loyalty effectively, the management of HSI should understand the factors that influence patient loyalty. Some researchers have already investigated the factors that influence patient loyalty. For example, Moliner (2009) studied 171 users of a



Leadership in Health Services Vol. 28 No. 3, 2015 pp. 245-258 © Emerald Group Publishing Limited 1751-1879 DOI 10.1108/LHS-03-2014-0021 private hospital and 170 users of a public hospital in Spain. He found that patient lovalty is influenced by trust and satisfaction. Mortazavi et al. (2009) investigated 240 patients in four private hospitals in Mashhad, Iran. They showed that patient overall satisfaction affects loyalty. Furthermore, patient overall satisfaction is influenced by the nursing care, meal, patient room and admission and administrative services. Gaur et al. (2011) researched 320 patients in selected clinics in the city of Mumbai, India. They found that patient lovalty is influenced by relationship satisfaction and patients' confidence to the doctor. Kessler and Mylod (2011) studied the relationship between satisfaction and lovalty by using data from 678 hospitals in USA. They found significant relationship between the two constructs. Suki and Suki (2011) investigated 200 patients of the government hospital and clinics, as well as private clinics in The Federal Territory of Labuan, Malaysia. They found that loyalty is influenced by commitment directly. Furthermore, they found that satisfaction, trust and doctor reputation affect loyalty indirectly. Ndubisi (2012) studied 423 customers of health-care services in a major city in Malaysia. The research's finding showed that patient loyalty is affected by satisfaction. Tam (2012) researched 312 health-care service consumers in Hong Kong and he found that perceived value and satisfaction affect loyalty. However, the effect is moderated by perceived risk. Amin and Nasharuddin (2013) studied 216 patients of public and private hospitals in Malaysia. They found that satisfaction affects behavioral intention, which is another name of loyalty. Furthermore, Qin and Prybutok (2013) investigated 462 college students, which received urgent care at least one times, at a major southwestern university in the USA (urgent care industry) and they found that behavioral intention is influenced by image, service quality, perceived value and patient satisfaction.

As previously explained, most researchers proposed that patient satisfaction is the main determinant of patient loyalty (Chang *et al.*, 2013). However, in fact, customer satisfaction is not enough to ensure loyalty (Aurier and N'Goala, 2010; Bruhn, 2002; Chang *et al.*, 2013). In a competitive business, it needs more than customer satisfaction to build customer loyalty (Aurier and N'Goala, 2010; Bruhn, 2002; Chang *et al.*, 2013). Furthermore, relationship marketing researchers have agreed that customer satisfaction is not the central construct in establishing customer loyalty (e.g. Morgan and Hunt, 1994; Palmatier *et al.*, 2006).

In the context of health-care service, researchers also began recognizing a similar condition. Chang *et al.* (2013) argued that customer satisfaction is not enough to explain patient loyalty. Their study showed that there is a weak relationship between patient satisfaction and patient loyalty. In Indonesia, Patayawati *et al.* (2013) found that satisfaction does not influence patient loyalty. Given this, it is important to study the other factors that influence patient loyalty in Indonesia.

Research gaps

Theoretically, the relationship between satisfaction and loyalty stems from the theory of planned behavior (TPB) (Lai and Chen, 2011; Revels *et al.*, 2010). According to TPB, loyalty is influenced not only by satisfaction but also by subjective norm and perceived behavioral control (Ajzen, 1991; Mouakket and Al-Hawari, 2012). Thus, it may be argued that subjective norm and perceived behavioral control may influence patient loyalty. Given this, it is important to examine the effect of subjective norm and perceived behavioral control on patient loyalty. However, there is no significant effort to do so.

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Besides the subjective norm and behavioral control, another factor that may affect Patient lovalty patient loyalty is trust. Relationship marketing literature has revealed that trust is the kev factor in building customer lovalty (Morgan and Hunt, 1994; Palmatier *et al.*, 2006). In the context of health-care service, the role of trust in explaining patient loyalty becomes more important because health-care service can be categorized as credence service (Zeithaml et al., 2008; Chang et al., 2013; Moliner, 2009). Unfortunately, there is no patient loyalty research that examines the simultaneous effect of trust, subjective norm and perceived behavioral control on patient loyalty.

Research objectives

To address the gap in the literature, this research investigates patient loyalty using a model that integrates two TPB variables (subjective norm and perceived behavioral control) and trust. Generally, this research tries to answer the question: what are the factors that influence patient loyalty? More specifically, this research aims to answer three questions. First, does subjective norm influence patient loyalty? Second, does perceived behavioral control influence patient loyalty? Third, does trust influence patient loyalty?

The results of this study are important for management team of a health-care institution. The findings of this study provide valuable information for the management regarding the factors that need to be considered in formulating patient loyalty development strategy. Furthermore, this study assists the management team to generate patients' loyalty. Health institutions stand to gain financially from patient lovalty, patient satisfaction, referral by other patients and increased productivity and efficiency and improve/or boast morale of health-care providers (Mittal and Lassar, 1998; Zeithaml et al., 2008; Chang et al., 2013).

The remainder of this paper is organized as follows. The first section reviews the theoretical background and the proposed hypotheses. The second section presents the research methodology. The third section describes the results of the research. The fourth section presents the theoretical and managerial implications. The final section is the conclusion of this paper.

Literature review and hypotheses development

Patient loyalty

The important role of patient loyalty in health-care service business has been identified by many researchers (Chang *et al.*, 2013). HSI with loyal patients will get many benefits, i.e. economic and non-economic benefits (Mittal and Lassar, 1998; Zeithaml et al., 2008). Therefore, HSI needs to maintain and improve its patient loyalty.

Patient loyalty is a construct that represents patient's commitment to continually use certain HSI (Chang et al., 2013; Moliner, 2009). Furthermore, loyal patients reuse the HSI when they need health-care service and recommend it to others (Chang et al., 2013; Mittal and Lassar, 1998). On the other hand, disloyal patients easily switch to another service provider and spread negative word of mouth to others (Chang *et al.*, 2013; Mittal and Lassar, 1998).

To generate patient loyalty, a HSI needs to understand the factors that influence patient loyalty. Some scholars have performed research on the factors that affect patient loyalty (e.g. Chang et al., 2013; Choi et al., 2004; Kanibir and Nart, 2012; Kessler and Mylod, 2011; Mittal and Lassar, 1998; Bielen and Demoulin, 2007; Mortazavi et al., 2009; model

Gaur *et al.*, 2011; Chahal and Kumari, 2011; Ndubisi, 2012). However, most of them proposed that patient satisfaction is the main determinant of patient loyalty (Chang *et al.*, 2013). Meanwhile, a recent research performed by Chang *et al.* (2013) showed that satisfaction is not enough to explain patient loyalty. Their study showed that there is a weak relationship between patient satisfaction and patient loyalty. Furthermore, in the context of health-care service in Indonesia, Patayawati *et al.* (2013) found that satisfaction does not influence patient loyalty. Thus, it is important to perform another study on patient loyalty.

Marketing literature has identified that loyalty is affected by some variables. This research proposed that subjective norm, perceived behavioral control and trust are the determinants of patient loyalty. The meaning of those variables and the proposed hypotheses are explained below. The conceptual model is shown in Figure 1.

Subjective norm

The important role of subjective norm in behavior formation was identified by the theory of reasoned action and its replacement, TPB (Ajzen, 1991). This construct represents how others can affect someone's decision (Venkatesh and Davis, 2000). More specifically, in this research, subjective norm is defined as patient's perception on the pressure from relatively important people around him/her to keep using certain HSI (Venkatesh and Davis, 2000).

Based on TPB, subjective norm has positive impact on loyalty (Ajzen, 1991). This based on a view that:

[...] people may choose to perform a behavior, even if they are not themselves favorable toward the behavior or its consequences, if they believe one or more important referents think they should, and they are sufficiently motivated to comply with the referents (Venkatesh and Davis, 2000).

Empirically, some researchers have already tested the effect of subjective norm on customer loyalty. For example, Mouakket and Al-Hawari (2012) found positive relationship between subjective norm and loyalty. Their finding is also supported by Lee *et al.* (2009), Al-Debei *et al.* (2013), Chen *et al.* (2012), Lee (2010), Liao *et al.* (2007) and Hsu *et al.* (2006). Based on the explanation, the first hypothesis is formulated as follows:

H1. Subjective norm has a positive impact on patient loyalty.

Perceived behavioral control

TPB has recognized perceived behavioral control (PBC) as an important construct in behavior formation (Ajzen, 1991). PBC represents what extent someone feels he/she can overcome constraints to perform certain behavior (Venkatesh *et al.*, 2003). These



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constraints can be financial constraints or non-financial constraints (Zeithaml *et al.*, Patient loyalty 2008). In this research, PBC is defined as patient's perception on the easiness he/she feels to keep using certain HSI (Ajzen, 1991).

Based on TPB, PBC has positive impact on patient loyalty (Ajzen, 1991). This based on a notion that someone may do something because it is easy to do (Ajzen, 1991; Venkatesh *et al.*, 2003). On the other hand, even though someone has a positive evaluation on a behavior or the important people around him/her recommend the behavior, he/she may not perform the behavior if it is difficult to do (Ajzen, 1991; Venkatesh *et al.*, 2003).

In the literature, some researchers have already tested the relationship between PBC and loyalty. Lee *et al.* (2009) found that PBC has positive impact on loyalty. This finding is supported by Al-Debei *et al.* (2013), Liao *et al.* (2007), Lee (2010) and Hsu *et al.* (2006). Thus, this research proposed the second hypothesis as follows:

H2. PBC has positive impact on patient loyalty.

Trust

Relationship marketing researchers have put trust as a central construct to explain customer loyalty (Morgan and Hunt, 1994). There are many scholars who tried to define trust. In this research, based on Wilson (1995), trust is defined as "a belief that [HSI] will act in the best interests of the [patient]". Furthermore, trust represents the reliability, integrity, intense and attitude of the HSI perceived by the patient (Sanchez-Franco, 2009; Schurr and Ozanne, 1985).

In an intense competition, researchers have already recognized the important role of trust in building customer loyalty (Bruhn, 2002; Morgan and Hunt, 1994; Palmatier *et al.*, 2006). It is believed that trust has positive impact on loyalty (Chang *et al.*, 2013; Moliner, 2009). Empirical studies have proved that trust positively affects loyalty in various contexts (Chiu *et al.*, 2009; Ganesan, 1994; Gefen, 2000; Lee, 2005; Liu *et al.*, 2005; Wen *et al.*, 2005). In health-care service, a similar result is also found by Kumar *et al.* (2013) and Patayawati *et al.* (2013). Based on the explanation, the third hypothesis is formulated as follows:

H3. Trust has positive impact on patient loyalty.

Research methodology

Research design

This research performed quantitative research methodology by using survey. We used the methodology for some reasons. First, the type of the research question posed is appropriate with the method (Yin, 1990). Second, the previous researches on the factors that influenced patient loyalty also used quantitative research methodology (e.g. Chang *et al.*, 2013; Choi *et al.*, 2004; Kanibir and Nart, 2012; Mittal and Lassar, 1998; Bielen and Demoulin, 2007; Mortazavi *et al.*, 2009; Gaur *et al.*, 2011; Chahal and Kumari, 2011; Ndubisi, 2012; Patayawati *et al.*, 2013). Third, it allowed for reaching a larger sample size (Sekaran and Bougie, 2010). Fourth, the approach (survey) also lends itself better to quantitative analysis (Sekaran and Bougie, 2010) and the approach is generally consistent with earlier research on this research's subject.

Key variables

This research involved four key variables, namely, trust, patient loyalty, PBC and subjective norm. The operational definition of the variables is shown in Table I.

Instrument

The research instrument used was questionnaire. In the questionnaire, based on Diamantopoulos *et al.*'s (2012) recommendation, the research variables (trust, patient loyalty, PBC and subjective norm) were measured using multiple indicators. The instrument used a seven-point Likert scale ranging from "strongly disagree (1)" to "strongly agree (7)".

Content validity

According to Sakhtivel *et al.* (2005), Sekaran and Bougie (2010) and Tari *et al.* (2007), content validity of an instrument can be ensured by deriving indicators from available literatures. More specifically, trust was measured using three indicators based on Kantsperger and Kunz's (2010) work. Four indicators of patient loyalty were taken from Choi *et al.* (2004), while three indicators of subjective norm were derived from Francis *et al.* (2004). PBC was measured using three indicators based on Francis *et al.* (2004).

Construct validity

Factor analysis was used to check construct validity. The cut-off values used are (1) Kaiser–Meyer–Olkin (KMO) ≥ 0.5 , (2) factor loading of each indicators ≥ 0.5 , and (3) *p*-value of the Bartlett's test of sphericity ≤ 0.05 (Hair *et al.*, 2006; Lai and Chen, 2011; Malhotra, 2007). Table II shows that all variables confirm construct validity.

Reliability

Cronbach's alpha analysis was conducted to check the reliability of the instrument. The instrument is said to be reliable if it has alpha coefficient value above or equal to 0.6 (Hair *et al.*, 2006; Lai and Chen, 2011; Malhotra, 2007). Table III shows that all variables have good construct reliability.

Variables	Operational definition	References (adapted from)
Trust	A belief that health-care service institution will act in the best interests of the patient	Wilson, 1995
PBC	Patient's perception on the easiness he/she feels to keep using certain health-care service institution	Ajzen, 1991
Subjective norm	Patient's perception on the pressure from relatively important people around him/her to keep using certain health-care service institution	Venkatesh and Davis, 2000
Patient loyalty	Patient's commitment to continually use and recommend certain health-care service institution	Chang <i>et al.</i> , 2013; Moliner, 2009

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Table I. The operational definition of key variables

Variables and indicators	KMO	Bartlett's test of Sphericity (significance)	Factor loading	Patient loyalty model
Subjective norm SN1 SN2 SN3	0.770	0.000	0.952 0.971 0.966	251
Trust TR1 TR2 TR3	0.729	0.000	0.931 0.978 0.974	
Perceived behavioral control PBC1 PBC2 PBC3	0.762	0.000	0.962 0.940 0.965	
Loyalty LOY1 LOY2 LOY3 LOY4	0.628	0.000	0.827 0.824 0.874 0.886	Table II. The results of construct validity testing
Variables and indicators			Cronbach's alpha	
Subjective norm Trust PBC Loyalty			0.951 0.956 0.952 0.855	Table III.The results ofreliability testing

Sampling

The population of the study is the out-patients of HSI with a primary care facility in Bogor, Indonesia. Convenience sampling was chosen based on some reasons. First, the real characteristics of the population were unknown (Sekaran and Bougie, 2010). According to Sekaran and Bougie (2010), convenience sampling can be used if the real characteristics of the population were unknown. Second, there was an operational and financial limitation (Sekaran and Bougie, 2010). Three, according to Calder *et al.* (1981) in Park and Sullivan (2009), the use of convenience sampling in this research could still be tolerated because the research was designed to test the relationships among variables.

We distributed 158 questionnaires in a HSI in Bogor, Indonesia. Of the 158 questionnaires, 1 questionnaire was eliminated due to missing data. Hence, the final samples of the study are 157 out-patients (valid return rate is 99.39 per cent). This number fulfills the requirement of multiple regressions analysis, which is the statistical analysis method used in this study (Hair *et al.*, 2006). The male respondents (50.3 per cent) are slightly more than female respondents (49.7 per cent). The majority of the respondents are 31-40 years old (26.1 per cent). More completely, the respondents' demographic profiles are shown in Table IV.

LHS 28.3	Variable	Category	(%)
20,0	Gender	Male	50.3
		Female	49.7
	Age	≤ 20 years old	15.3
		21-30 years old	20.4
252		31-40 years old	26.1
		41-50 years old	21.7
		\geq 51 years old	16.6
	Education	Other	8.9
		Junior high school	22.3
		Senior high school	56.1
		Diploma	5.1
		Bachelor	7.0
		Post-graduate	0.6
	Marital status	Single	20.4
		Married	74.5
		Divorced	5.1
	Number of visit	< 3 times	27.4
Table IV.		3-6 times	15.9
The respondents'		7-10 times	8.3
demographic profi	le	> 10 times	48.4

Data analysis

Since this study tested the simultaneous effect of two or more metric variables on one metric dependent variable, multiple regressions analysis was done to test the hypotheses (Hair *et al.*, 2006). In this research, multiple regressions analysis was conducted using SPSS 17.

Result and discussion

Result

The results of the multiple regressions analysis are shown in Table V. According to Table V, the first hypothesis and the third hypothesis are accepted, while the second hypothesis is rejected. Hence, the results show that subjective norm and trust influence patient loyalty positively, while PBC does not influence patient loyalty.

The first finding of this research showed that the β coefficient of subjective norm is positive ($\beta = 0.088$) and the p value is lower than 0.05 (p = 0.002). This means subjective

	Independent variables ^a	Unstandard coefficier B	lized nts Beta	Standardized coefficients	Т	Significance	R^2
	(Constant) Trust Perceived behavioral control	-1.307E-16 0.271 0.051	0.069 0.084 0.075	0.271 0.051	0.000 3.203 0.683	1.000 0.002 0.496	25.7%
Table V. The results ofmultiple regressions	Subjective norm Note: ^a Dependent variable: le	0.280 byalty	0.088	0.280	3.188	0.002	

norm affects patient loyalty positively and significantly. Thus, the first hypothesis was patient loyalty accepted. Furthermore, this finding supports the previous researches on trust – loyalty in the other contexts than health-care service, which are performed by Al-Debei *et al.* (2013), Chen *et al.* (2012), Hsu *et al.* (2006), Lee *et al.* (2009), Lee (2010), Liao *et al.* (2007), and Mouakket and Al-Hawari (2012).

The second finding of this research showed that the β coefficient of perceived behavioral control is positive ($\beta = 0.075$) and the *p* value is higher than 0.05 (p = 0.496). This means perceived behavioral control does not affect patient loyalty significantly. Thus, the second hypothesis was rejected. Furthermore, this finding is different from the findings of the previous studies performed in the other contexts than health-care services (e.g. Al-Debei *et al.*, 2013; Hsu *et al.*, 2006; Lee *et al.*, 2009; Lee, 2010; Liao *et al.*, 2007).

The third finding showed that the β coefficient of trust is positive ($\beta = 0.084$) and the *p* value is lower than 0.05 (*p* = 0.002). This means trust affects patient loyalty positively and significantly. Thus, the third hypothesis was accepted. Furthermore, this finding supports the previous research on trust – loyalty in the context of health-care service performed by Chang *et al.* (2013) and Moliner (2009).

Theoretical implication

Patient loyalty is a key success factor for HSI in a competitive business environment (Chang *et al.*, 2013). Therefore, it is important to investigate the factors that influence patient loyalty. Given this, this research tries to propose and test a patient loyalty model that integrates two TPB variables (subjective norm and PBC) and trust. In the existing literature, there is no significant effort to do so.

The results of this research showed that trust and subjective norm have positive impact on patient loyalty. Hence, this research supports the findings of the previous researches. More specifically, the other researchers have found positive relationship between trust and loyalty (Chiu *et al.*, 2009; Ganesan, 1994; Gefen, 2000; Lee, 2005; Liu *et al.*, 2005; Wen *et al.*, 2005), as well as the positive impact of subjective norm on loyalty (Al-Debei *et al.*, 2013; Chen *et al.*, 2012; Hsu *et al.*, 2006; Lee *et al.*, 2009; Lee, 2010; Liao *et al.*, 2007; Mouakket and Al-Hawari, 2012).

The results also indicate that the factors relate to the mitigation of the risks stemmed from service consumption is important to build patient loyalty. On the one hand, trust is a psychological effort performed by patient to minimize consumption risk that may have been higher if the service is provided by an untrusting HSI (Sheth and Parvatiyar, 1995). On the other hand, subjective norm represents sociological effort done by patient to ensure that he/she does not choose the wrong HSI by taking recommendations from people around him/her (Venkatesh *et al.*, 2003).

On the context of health-care services, there are only few researchers that studied the relationship between variables that relate to the mitigation of the risks stemmed from service consumption with patient loyalty. Furthermore, their findings have also supported our research finding. Moliner (2009) has found that trust influences patient loyalty. The sample of his research is patients of 19 hospital services of public hospital and patients of 27 hospital services of private hospital in Spain. Moliner's finding is also supported by Gaur *et al.* (2011), who surveyed patients who have visited the specialist doctor (dentists, gynecologists, physiotherapists, obstetricians and family physicians) in selected clinics in the city of Mumbai, India. Gaur *et al.* (2011) found that patient's

confidence in his/her doctor is positively related to patients' loyalty toward their health-care provider.

This research also showed that PBC does not influence patient loyalty. This is different from the findings of the previous studies (e.g. Al-Debei *et al.*, 2013; Hsu *et al.*, 2006; Lee *et al.*, 2009; Lee, 2010; Liao *et al.*, 2007). This may due to the nature of health-care service. Health-care service relates to the human's fundamental needs, which is the need to be healthy. People may think that health is a benefit beyond any consequences. This condition may cause that the patient becomes less sensitive to the constraints she/he faced in consuming the service so that PBC become irrelevant in explaining patient loyalty (Venkatesh *et al.*, 2003; Zeithaml *et al.*, 2008).

Managerial implication

The results of this research give managerial implications for HSI managers in establishing patient loyalty. The findings show that HSIs need to pay attention to trust and subjective norm.

Trust relates to "a belief that [healthcare service institution] will act in the best interests of [the patient]" (Wilson, 1995). To increase the trust of the patient, in designing operational and marketing strategies, HSI managers need to make sure that the patients have deep positive convictions on HSI's excellent practice, reliability and integrity and that they would act according to patients' expectations. Furthermore, it is also important for HSI to measure the trust level of its patient. The results of the measurement are useful to establish improvement plan.

Subjective norm represents patient perception on the pressure from relatively important people around him/her to keep using certain health-care service institution (Venkatesh and Davis, 2000). Given this, HSI managers need to identify who are important people around their patients. HSI managers also need to assure that people around the patients (or communities where they belonged to) have positive perceptions on them. Furthermore, HSI managers need to develop effective public relation strategies to establish patient loyalty.

Conclusion

This research has tried to test the influence of subjective norm, perceived behavioral control and trust on patient loyalty. This is important because there is limited literature on the topic. Based on the data analysis, this research found that subjective norm and trust influence patient loyalty positively. However, this research also found that perceived behavioral control does not influence patient loyalty significantly.

Even though this research has generated interesting findings, there are some limitations. First, the sampling method used was convenience sampling and the data collection was done only in one health-care institution in Bogor, Indonesia. Thus, it would be hard to generalize the findings of this research into other contexts. Second, this research only included three variables (subjective norm, perceived behavioral control and trust). The R^2 is 25.7 per cent. It indicates that there are still other variables that may affect patient loyalty. Based on the limitations, we suggest that future researches should include the other variables in the research model, involve more HSIs and use higher sample size.

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