

## STRUCTURAL

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# Impact of Access on TAVI Procedural and Midterm Follow-Up: A Meta-Analysis of 13 Studies and 10,468 Patients

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**Introduction:** Transcatheter aortic valve implantation (TAVI) may be performed using the transfemoral (TF) or transapical (TA) approach in most patients with aortic stenosis. The impact of access choice on peri-procedural and midterm results remains to be defined.

**Methods:** Medline and Cochrane Library were searched for articles describing differences in baseline, peri-procedural, and midterm outcomes among patients undergoing TF or TA TAVI. The primary end-point was all-cause mortality after at least 1-year follow-up, while secondary end-points were 30 days mortality and in-hospital complications (bleeding and cerebrovascular events). The independent impact of access choice was evaluated with pooled analysis using a random-effect model.

**Results:** Thirteen studies with 10,468 patients were included. TF was the most exploited strategy (69.5% vs. 30.5%). After adjusting for confounding variables, 30-day and midterm follow-up mortality (median 365 days, range 222–400) were lower in TF patients with a pooled adjusted odds ratio of 0.81 (0.68–0.97  $I^2$  99%) and 0.85 (0.80–0.90  $I^2$  96%), respectively. Regarding periprocedural outcomes, TF reduced risk of bleedings and strokes (OR of 0.74 [0.66–0.82  $I^2$  95%] and 0.91 [0.83–0.99]  $I^2$  86%, respectively).

**Conclusions:** The TF approach reduces mortality in TAVI patients, due to lower rates of periprocedural bleedings and strokes. (J Intervent Cardiol 2014;27:500–508)

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## Introduction

High-risk patients with severe aortic stenosis may be treated with transcatheter aortic valve implantation (TAVI) as an alternative to cardiac surgery.<sup>1,2</sup> Recently, the European Society of Cardiology has included TAVI in the valvular heart disease management guidelines, with a Class I/B recommendation for inoperable patients and a Class IIa/B recommendation for high-risk surgical patients.<sup>3</sup>

Two main access sites have been largely exploited: transfemoral (TF) and transapical (TA). Transfemoral aortic valve implantation (TF-AVI) has the advantage of being a completely percutaneous procedure while transapical aortic valve implantation (TA-AVI) represents a more invasive procedure, needing direct puncture of the left ventricle. In clinical practice, TF-AVI is preferred over TA-AVI whenever a good vascular access is present. The TA route is usually limited to patients with small or unapproachable femoral vessels, although some experiences have been reported with TA-AVI as a first-line option for all patients,<sup>4,5</sup> and dedicated devices have been recently proposed.<sup>6</sup> There is a lack of randomized studies investigating the different TAVI approaches, and a comparison between the effects of TF and TA strategies on TAVI clinical outcome remains challenging. Some

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registry data suggested that the TA access could be associated with a worse prognosis<sup>7,8</sup> though the bias of a higher baseline risk may have influenced these results. Thus, to clarify the impact of TF versus TA approach on short- and midterm TAVI outcome, we performed a meta-analysis including the observational studies reporting the independent impact of access choice on TAVI outcome.

## Methods

The present research was conducted following current guidelines, including the recent Preferred Reporting Items for Systematic reviews and Meta-Analyses (PRISMA) amendment to the Quality of Reporting of Meta-analyses (QUOROM) statement, and recommendations from The Cochrane Collaboration and Meta-analysis of Observational Studies in Epidemiology (MOOSE).<sup>9–11</sup>

### Search Strategy and Study Selection

*Search strategy.* Possible articles for inclusion were found using established search methods<sup>12</sup> looking for the terms “TAVI” or “trans catheter aortic valve replacement” or “percutaneous aortic valve replacement” and “transfemoral” or “transapical” or “access.” Moreover abstract presentations at congresses were reviewed to identify other studies. Two independent reviewers (FC, FDA) initially screened the title and/or abstract of all possible articles for inclusion, with disagreement resolved by consensus. If potentially eligible, the complete article was then reviewed according to the following strict selection criteria. Inclusion/exclusion criteria. Inclusion criteria were studies (i) investigating patients undergoing TAVI, (ii) reporting independent predictive value of the access choice, and (iii) with at least 6 months follow-up. Exclusion criteria were any of: (i) nonhuman study and (ii) duplicate reporting (in which case the manuscript reporting the largest sample of patients was selected).

*Data selection.* Baseline features of patients included in each study (age, gender, cardiovascular risk factors, previous myocardial infarction and coronary revascularization, previous cerebrovascular accident, renal, and pulmonary function) as of procedural data (kind of valve and of access) were abstracted.

*End-points.* The primary end-point was all cause mortality after at least 1-year follow-up, while in-hospital complications (major bleedings, cerebrovascular events) and 30-day all-cause mortality were the secondary ones. All clinical variables and end-points were adjudicated according to VARC criteria.<sup>13</sup>

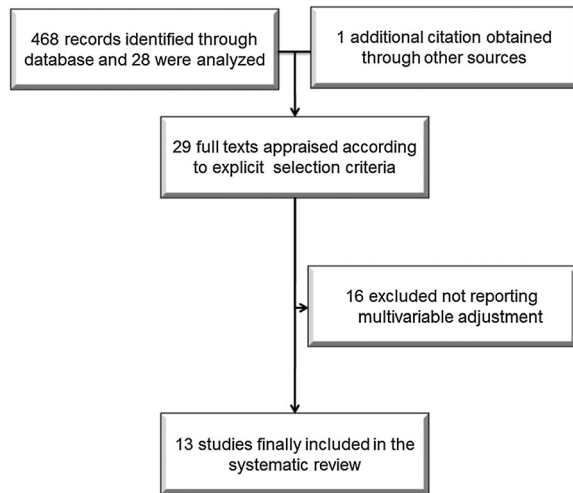
*Internal validity and quality appraisal.* Two unblinded independent reviewers (FC, FDA) evaluated the quality of the selected studies on pre-specified data collection forms using modified MOOSE criteria to take into account the specific features of included studies.<sup>11</sup> The independent reviewers separately appraised study design, setting, data source, and statistical methods for multivariable analysis, as well as risk of analytical, selection, adjudication, detection, and attrition bias (expressed as low, moderate, or high risk of bias).

*Data analysis.* Statistical pooling was performed according to a random-effect model with generic inverse-variance weighting, computing risk estimates with 95% confidence intervals, using RevMan 5.2 (The Cochrane Collaboration, The Nordic Cochrane Centre, and Copenhagen, Denmark). Graphical inspection of funnel plots was used to assess for study bias. Sensitivity analysis was performed for the primary end-point according to study design. Using rates of event as dependent variable, a meta-regression was performed to test whether an interaction between baseline clinical features (age, gender, diabetes mellitus, coronary artery disease, PAD, logistic EuroSCORE, STS score, self-expandable, and balloon expandable valves) and access choice was present for the primary end-point.

Standard hypothesis testing was set at the 2-tailed 0.05 level.

## Results

Four hundred sixty eight citations were first screened at abstract level and 29 were analyzed. Among them, 16 were excluded because not reporting multivariable adjustment. Finally, 13 studies were included,<sup>14–26</sup> 12 deriving from published articles and 1 from congress' abstract (Fig. 1). Ten thousand four hundred sixty-eight patients with symptomatic severe aortic stenosis were included and their main characteristics are reported in Table 1. Median age was 82 years (80.5–83.6) and half of the patients were male (50%: 37.3–57.8). Twenty-six percent (22.8–35.4) of the patients were diabetic, 17.8% (6.7–71) had renal dysfunction, 61% (45.4–74.9) had a known CAD, and median ejection fraction was 52.4% (51–55.6). Mean Logistic EuroSCORE was more than 20% in all the studies, except for one (18.5%), and was higher in TA patients if compared to TF patients in the 4 studies that reported it. Mean STS score was greater than 5% in all papers that reported it. Table 2 summarizes the procedural features of the included studies. The TF-approach was the preferred



**Figure 1.** Study flow-chart.

one (69.5%) while most of the patients received an Edwards-Sapien valve (72%, 35–100). Thirty-day and midterm events are reported in Table 3. Thirty days mortality was 7.5% (3.4–11.3), while follow-up mortality was 19.5% (13–25.5). Regarding the primary end-point, a better midterm survival for TF patients was shown, with a pooled adjusted odds ratio 0.85 (0.80–0.90  $I^2$  96%) (Fig. 2). Significance did not change after excluding the only retrospective study (0.84 [0.77, 0.93]  $I^2$  0), the only randomized controlled trial (0.85 [0.77, 0.93],  $I^2$  95%), or when including only multicenter study (0.85 [0.77, 0.93],  $I^2$  95%, all CI 95%). At meta-regression analysis, baseline and procedural characteristics did not influence these results (Tables 4 and 5).

After adjusting for confounding variables, 30-day mortality was lower in TF patients compared to TA patients, with a pooled adjusted odds ratio of 0.81 (0.68–0.97  $I^2$  99%) (Fig. 3). Regarding periprocedural outcomes, TF reduced risk of bleedings and strokes (OR respectively of 0.74 [0.66–0.82  $I^2$  95] and 0.91 [0.83–0.99  $I^2$  86%]), respectively (Figs. 4 and 5).

## Discussion

This systematic review of contemporary literature, including more than ten thousand patients treated for symptomatic severe AS between 2005 and 2012, represents a wide range of TAVI experience. It aims to identify the impact of TF versus TA approach on TAVI

outcomes. Major findings of our meta-analysis are: (i) 30-day survival is higher in TF group than in TA patients; (ii) the rate of periprocedural bleedings and strokes is significantly lower in TF-TAVI; (iii) short-term advantage of TF approach remains statistically significant at midterm follow-up.

A comparison between short and midterm results of TF-AVI and TA-AVI remains difficult, as in TAVI patients, in the absence of anatomical contraindications, TF approach has traditionally represented the default access. The TA approach instead is limited by the invasiveness of the surgical thoracotomy, albeit short delivery distance makes an accurate valve positioning easier. Consequently in most studies the access choice is based on baseline clinical characteristics of the population, and a bias favoring TF-AVI in less sick patients is usually present. To date direct randomized comparisons are not yet available. Recently a meta-analysis on this topic reported a better short-term survival for TF patients.<sup>27</sup> However, as the included studies were not adjusted for confounding variables, it still remains unclear if differences in outcomes among TF-AVI and TA-AVI may be attributable to the different clinical presentations or to an independent prognostic role of the chosen approach. Moreover more accurate data on midterm follow-up are still lacking.

Also in the present review, EuroSCORE was higher in TA-AVI patients, although we appraised the impact of different accesses independently from clinical features. Moreover at metaregression analysis, no clinical or procedural features influenced the outcomes, in particular for patients with peripheral artery disease or according to balloon expandable or self-expandable valves.

The higher mortality in TA-AVI patients at 30 days directly translated into a higher mortality at a median follow-up of 1 year. These results may be influenced by the significantly higher incidence of bleeding and strokes. These two complications severely worsen outcome in TAVI patients, as it has been highlighted by various studies<sup>28–35</sup> while are still not accurately predicted by dedicated score.<sup>32</sup>

In a multicenter work by our group, bleedings increased in-hospital mortality and, in a recent report by Borz et al., bleedings were independent predictors of midterm mortality.<sup>30,33</sup> Moreover bleedings represent a common pathway for other significant complications after TAVI, such as vascular injuries and acute renal failure, thus worsening patients' prognosis, especially when blood transfusion is necessary.<sup>36,37</sup>

**Table 1.** Baseline Characteristics

Article	Number of Patients	Male n (%)	Age	CAD n (%)	Renal Insufficiency	Diabetes n (%)	COPD n (%)	PAD n (%)	FE (%)	Logistic Euro SCORE (%)	STS Score	AVA cm <sup>2</sup>	Mean Transvalvular Gradient (mmHg)
Anobile	171	80 (47)	83.5 ± 6.2	107 (63)	121 (71)	43 (25)	46 (27)	52 (31)	54.7 ± 14.9	22.1 ± 12.3			49.4 ± 17.5
Gilard	3,195	1,630 (51)	82.7 ± 7.2	1,483 (47.9)			790 (25.5)	643 (20.8)	53.2 ± 14.1	21.9 ± 14.3	14.4 ± 11.9	0.7 ± 0.2	48.1 ± 16.5
Hennan	426	131 (48)	80 ± 8 TF	151 (55) TF	19 (7) TF	90 (33) TF				19.5 ± 14.2 TF	7.4 ± 6.2 TF		51.2 ± 17.1 TF
		143 (52)	81 ± 7 TA	93 (61) TA	14 (9) TA	61 (40) TA				24.21 ± 14.9 TA	7.9 ± 5.9 TA		51.6 ± 17.6 TA
Himbert	75	41 (55)	82 ± 8	45 (61)	28 (38)		20 (27)	11 (15)	51 ± 15	26 ± 13	16 ± 7	0.64 ± 16	52 ± 15
Moat	870	456 (52.4)	81.9 ± 7.1	394 (47.6)	55 (6.7)	196 (22.8)	239 (28.7)	241 (29)		18.5			
PARTNER	348	201 (57.8)	83.6 ± 6.8	260 (74.9)	38 (11.1)		151 (43.4)	148 (43)	52.5 ± 13.5	29.3 ± 16.5	11.8 ± 3.3	0.7 ± 0.2	42.7 ± 14.6
Pilgrim	389	165 (42)	82.4	238 (61)	268 (69)	105 (27)	72 (19)	87 (22)	52 ± 15	24 ± 14	6.8 ± 5.3		44 ± 17
Schymik	300	112 (37.3)	81 ± 5	181 (60.3)	21 (7)		41 (13.7)	58 (19.3)	55.6 ± 14.7	24 ± 16.9			
SOURCE	2,344	975 (41.6)	81.1	TA 56.1 TF 47.8	TA 31.2 TF 24.8					28.1 TA 21.5 TF			
Turin	1,100	489 (44.5)	81.5 ± 6.6		196 (17.8)	341 (31)	332 (30.2)	374 (34)	52.2 ± 12.7	17.2 ± 9.4	9.7 ± 7.4	0.73 ± 0.2	51.1 ± 18
Van der boom	882	470 (53.3)	81.2 ± 7.0	400 (45.4)	553 (63.0)	250 (28.3)	290 (32.9)	200 (22.8)	152 (17.2)	20.8 (13.0-28.5)	7.0 (3.8-10.2)	0.70 ± 0.20	
Webb	168	87 (51.8)	84	114 (67.9)	20 (11.9)	39 (23.2)	35 (20.8)	60 (35.7)		28.6	9.1	0.6	46
Wenaweser	200	85 (42.5)	82 ± 6.5	125 (62.5)		50 (25)		47 (23.5)	51 ± 14	24.6 ± 15.3	6.4 ± 4.9	0.7 ± 0.2	43 ± 15

**Table 2.** Procedural Characteristics

Article	TF n° (%)	TA n°(%)	TS n°(%)	Edwards Sapien n°(%)	Core Valve Sapien	Mean Valve Diameter (mm)
Amabile	139 (81)	32 (19)	0	132 (77)	39 (23)	
Gilard	2,383 (74.6)	569 (17.8)	185 (5.8)	2,137 (66.9)	1,058 (33.1)	
Hemman	274 (64.3)	152 (35.7)	0	240 (56.3)	186 (43.7)	51.2 ± 17.1 (TF) 51.6 ± 17.6 (TA)
Himbert	51 (68)	24 (32)	0	75 (100%)	0	
Moat	599 (68.9)	271 (31.1)		410 (47.1)	452 (51.9)	
Pilgrim	308 (79)	76 (19)	5 (2)	164 (42)	225 (58)	
Schymik	174 (58)	126 (42)	0	257 (85.6)	43 (14.4)	
PARTNER	244 (70)	104 (30)	0	699 (100)	0	
Turin	634 (75.8)	335 (30.5)	131 (11.9)	548 (49.8)	552 (50.2)	
SOURCE	946 (39.9)	1,398 (60.1)	0	2,344 (100)	0	
Van der Boon	793 (89.9)	89 (10.1)		429 (48.7)	453 (51.3)	
Webb	113 (67)	55 (33)	0	168 (100)	0	22.74 + 2.01 (annulus)
Wenaweser	154 (77)	43 (21.5)	3 (1.5)	70 (35)	130 (65)	21.8 ± 1.9

Eggebrecht et al.<sup>38</sup> demonstrated a 3.5-fold higher 30-day mortality in patients with postprocedural stroke. Open heart surgery represents well-known risk factors for this complication, which is related to acute mortality and increased morbidity, physical disability and resources use.<sup>14,39-41</sup> A less invasive procedure may reduce the stroke risk. For example, a conventional sternotomy increases the risk of stroke when compared to less invasive approaches in patients undergoing mitral valve replacement,<sup>42</sup> and percutaneous coronary interventions reduce ischemic cerebral events when compared to

coronary artery bypass grafting.<sup>43,44</sup> Further explanations for the worse TA-AVI outcome may be attempted. A longer hospitalization among patients undergoing TA-AVI compared with patients undergoing TF-AVI was reported in previous studies.<sup>14,16,24</sup> Longer hospital stay not only may lead to increased costs but also may be associated with an increased risk of hospital-acquired infections and consequently may have negative implications on patients' prognosis. Moreover, recent large multicenter registries reported an enhanced risk of renal injury in TA patients.<sup>36,45</sup>

**Table 3.** 30-Day and Midterm Outcome

Article	Periprocedural Strokes n (%)	Periprocedural Major or Life Threatening Bleedings n (%)	30-Day Mortality n (%)	Follow-Up Length (Days)	Follow-Up Mortality n (%)
Amabile		23 (34.5)		265	30 (17.5)
Webb	7 (4.2)	19 (11.5)	19 (11.3)	222	
Gilard	131 (4.1)	183 (5.7)	293 (9.7)	365	528 (24)
Hemman			32 (7.5)	365	70 (16.5)
Himbert	3 (4)		8 (10)	365	17 (22)
Moat	35 (4.1)		62 (7.1)	365	186 (21.4)
Pilgrim				400	
Schymik	8 (2.7)	47 (19)	18 (6)	365	(17.3)
PARTNER	19 (5.5)	32 (9.3)	12 (3.4)	365	84 (24.2)
Turin	16 (3.8%)	205 (21)	53 (9)	365	144 (17)
SOURCE			221 (9.4)	365	597 (25.5)
Van der Boon	25 (2.8)	302 (34.2)	65 (7.4)	365	
Wenaweser	9 (4.5)	88 (44)	15 (7.5)	180	26 (13.0)

IMPACT OF ACCESS ON TAVI PROCEDURAL AND MIDTERM FOLLOW-UP

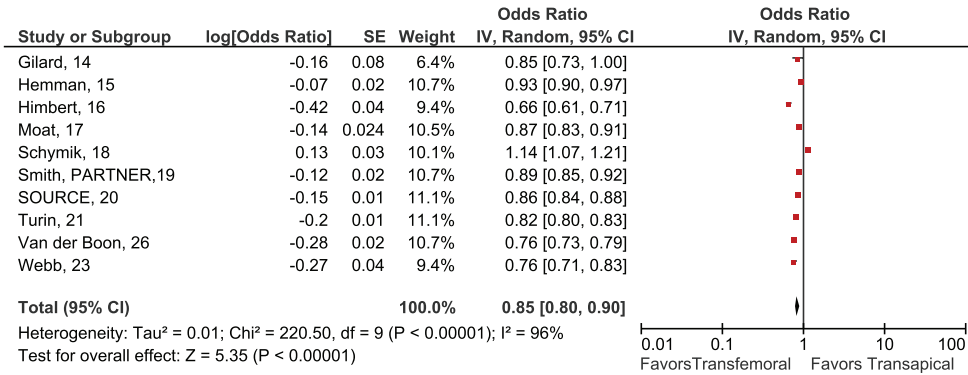


Figure 2. Pooled adjusted OR for midterm mortality.

Table 4. Main Features of Included Study

Article	Number of Patients	Number of Center	Study Design	Adjudication Bias	Attrition Bias	Kind of Multivariate Analysis
Amabile	171	Single	Prospective, observational	Unclear	Unclear	Cox multivariate model
Gilard	3,195	Multicenter	Prospective, observational	Low risk	Low risk	Cox multivariate model with stepwise regression
Hemman	426	Multicenter	Retrospective, observational	Medium risk	Medium risk	Cox multivariate model
Himbert	75	Multicenter	Prospective, observational	Low risk	Low risk	Cox multivariate model
Moat	870	Multicenter	Prospective, observational	Low risk	Low risk	Cox multivariate model
PARTNER	348	Multicenter	Prospective, randomized	Low risk	Low risk	Generalized linear model
Pilgrim	389	Single	Prospective, observational	Low risk	Low risk	Cox multivariate model
Schymik	300	Single	Prospective, observational	Unclear risk	Low risk	Multivariate logistic regression analysis
SOURCE	2344	Multicenter	Prospective, observational	Low risk	Low risk	Cox multivariate model
Turin	1,100	Multicenter	Prospective, observational	Low risk	Low risk	Cox multivariate model
Van der boon	882	Multicenter	Prospective, observational	Low risk	Low risk	Cox multivariate model
Webb	168	Multicenter	Prospective, observational	Low risk	Low risk	Cox multivariate model
Wenaweser	200	Multicenter	Prospective, observational	Low risk	Low risk	Cox multivariate model

Table 5. Meta Regression Analysis for the Primary End Point

	Beta	LCI	UCI	P-Value
Male gender	0.003	-0.001	0.009	0.12
Age	0.011	-0.06	0.02	0.77
Previous CAD	0.002	-0.004	0.003	0.57
PAD	0.002	-0.001	0.004	0.91
Logistic euroscore	0.001	-0.003	0.002	0.81
STS score	-0.003	-0.007	0.002	0.35
Balloon expandable	-0.007	-0.009	0.12	0.56
Self expandable	0.01	-0.001	0.03	0.74

CAD, coronary artery disease; PAD, peripheral artery disease.

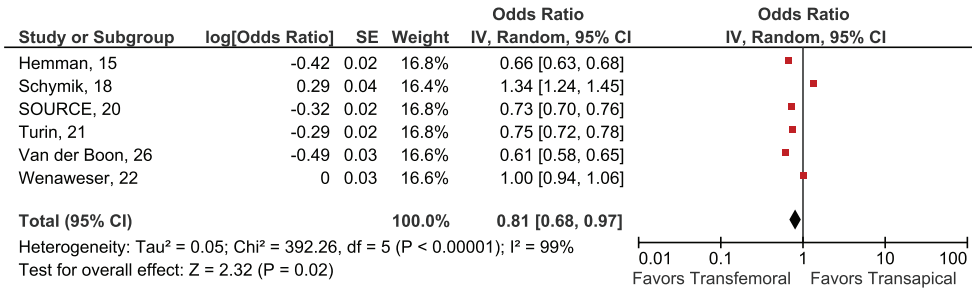


Figure 3. Pooled adjusted OR for 30-day mortality.

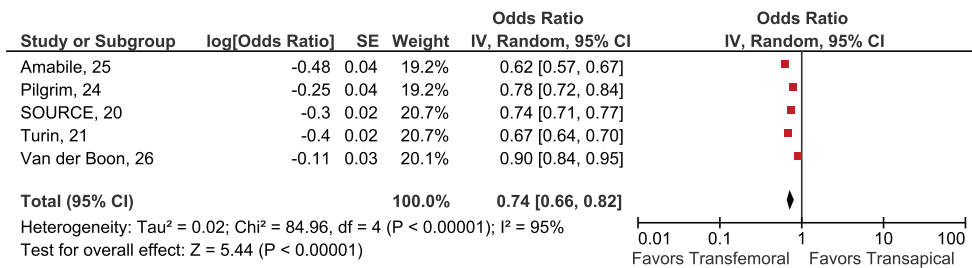


Figure 4. Pooled adjusted OR for periprocedural bleeding.

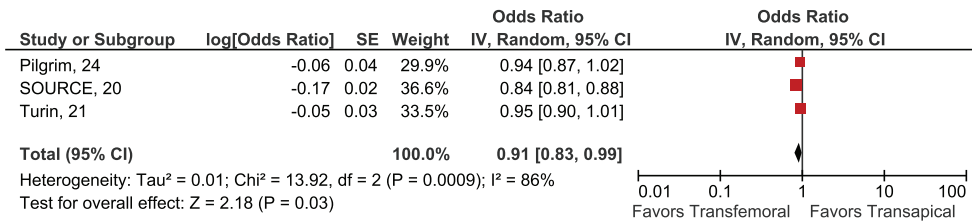


Figure 5. Pooled adjusted OR for periprocedural stroke.

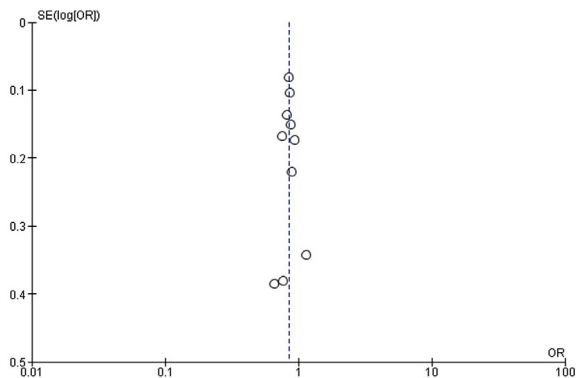


Figure 6. Funnel plot of included studies.

### Limitations

All of the data were drawn from either observational studies or unbalanced subgroups of a randomized trial; none were direct comparisons from randomized trials. To minimize the selection bias of patients undergoing TAVI via different access routes we included in our meta-analysis only studies adjusted for the baseline differences. Yet, residual confounding factors may still be present and the higher baseline risk profile of TA-TAVI patients, could exceed the multivariate adjustments. Although the present meta-analysis was based only on published studies publication bias still remains a problem, while small study bias was unapparent at funnel plot inspection (Fig. 6). Meta-analysis which is

not patient level may represent another weakness. A comparison of impact of different approach on midterm cardiac mortality could be more appropriate but adjusted cardiac midterm mortality data were not available.

Due to these limitations, the results of the present meta-analysis should be viewed as hypothesis generating only; however, they suggest that TA access should be reserved as a last option in TAVI patients. More studies are needed to validate new delivery systems with smaller diameters and emerging access routes as the transaortic one.

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